



Providing Affordable Activities for Seniors

Welcome News



Brockville ON, October 2015

President's Message

We are certainly off to a good start with yet another semester. As outlined below, Open House was again a success.

Thanks as always to our great team of leaders, directors and volunteers. We're delighted that between those who registered at the gym on September 9 and those registering since then at our SWC office, we now have just over 320 participants availing of our fine activities and programmes. To note especially: 84 registrants are first timers. We especially welcome them to our SWC family.

We may be getting older but we're not old yet!

Tony Dunbar

Open House Sept 2015

Another successful Open House with Registration was held at the Wall Street United Church gym on September 9. A total of 249 participants availed of the opportunity to meet with class leaders, discuss options and register for their choice(s) from the 20+ classes on offer. (Since the Open House, 70+ folks registered at the office for various classes, bringing our total enrolment to date to well over 300. Very gratifying.)



Many thanks to our office staff of Marian Rafferty, Laura Papaioannou and Bev Nixon, together with Treasurer, Ralph Greenhalgh, for their work in preparing for the event. New director, Debby Greffe also did a fine job in ensuring the setup in the gym and the refreshment services were taken care of. Bill Checkley, also a new director, lent a welcome helping hand.

And a big thank you also to those leaders who made themselves available and to the other directors and volunteers, those on the registration and cash desks in particular, who helped make the day so successful.

Rod McAvoy was kind enough to take some photos – thanks Rod. We wish all participants a rewarding Fall semester as they exercise mind and body at the SWC.



Christmas Dinner:

The Board has begun the annual SWC Christmas Dinner. The tentative date Dec 9, so mark it on your calendar. It will be confirmed in a.s.a.p..

Yule Tide Fare Update.

Due to the fact that the Wall St. United Church will be using the entire church for their annual Yule Tide Fare, **there will be no classes Nov. 26 or 27.**

Course News and Updates

Class Cancellations:

Computers, Spanish and Tole Painting are full. **Genealogy and Genealogy Club** are unfortunately cancelled due to insufficient numbers registering. We will offer again in January.

Vacancies:

There are still vacancies in many fine and interesting classes. Go to our website www.swcbrockville, select the *Activities* button and check the *Descriptions and Schedule*, pick a class or programme that suits your interest and schedule, and get in touch with our office to register (office information at the end of the newsletter).

Have you changed your plans re a class?

If you've registered for a class but have since changed your mind and will not be attending, please inform the office. We have waiting lists for a number of classes.

New SWC Brochure Available

We are very pleased to announce we have a spanking new colourful brochure. View [Brochure](#) on the SWC website.

The SWC Board took time to update the look and content of our brochure. A special thanks to Gail Hanton for the hours she devoted to this task. Our basic design was embellished and printed locally by Great Idea Graphics & Printing on Development Drive off California Ave in Brockville.

The brochure will be distributed to doctors offices, senior centres, malls, etc. to get the word out regarding the great things going on at our Shepherd's Welcome Centre. If you, as a SWC participant know of someone who would benefit from receiving one of our brochures, you may pick up as many as you need at the SWC office.

Culture Days

Thanks to the efforts of directors Debby Greffe and Marian Rafferty, the Shepherd's Welcome Centre was represented at the inaugural Culture Days celebrations on King Street on Saturday September 26th. Bill Checkley, Laura Papaoannou, Mary MacDermott, Marilyn Wallace, and Bob McDougall helped present SWC to the public through this event.

This local version of a Canada wide initiative to feature the Arts and Culture groups across our communities was spearheaded by Russ Disotell with assistance from Meghan Plooy of Brockville's DBIA.

Our booth volunteers were happy to provide general information on the SWC in the form of chatting and answering questions and handing out brochures and other information sheets to interested passersby.

Many thanks to our representatives from the Art Studio and Tole Painting and Quilting classes for their displays.



Tole Painting and Art Displays



Quilts and General Info



And a special thank you to Bob McDougall and the members of his class who put on a live Tai Chi demo on the closed to traffic King Street. Included were Orma McDougall, Pat Long, Helga Becker and Jean Grant. Thank you all for taking the time to showcase one of our very popular activities.

Reminders & Useful Information

- SWC office 613-345-2412
- email at swcadmin@myhighspeed.ca Location - take the elevator to third floor, turn left
- Website: www.swcbrockville.ca
- Office hours 10:00 – 12 noon, Mon. – Thurs. (except during June, July and August).
- SWC leases space from Wall St. Church and is a separate organization. Please take all questions and concerns to the SWC office.
- Wall St. United Church is a scent-free facility.

Newsletter Editor, Cheryl Nix