

Providing Affordable Activities for
Seniors (50+)



Welcome News



Brockville ON, May 2017

613-345-2412

www.swcbrockville.ca

President's Message

One by one the year's activities are shutting. All of us are ready to get out into the sunshine and warmth of summer. We are so thankful to all of the volunteers who kept their commitments to prepare to teach, take attendance, take care of equipment, and in general provide the necessary leadership that keeps this organization going.

I thank the entire Board of Directors who worked behind the scene to support our volunteers, keep the office running, provide information sessions, organize registration days and hear and address the wishes and concerns of our participants.

During the past year and a half the Board worked to responsibly respond to the concerns raised around our name; and, as you know by now, that work resulted in us changing our name to BROCKVILLE 50+ ACTIVITY CENTRE. Throughout this year we will slowly alter all paperwork, and other general means of communication such as the website and newsletter, to reflect this change.

I was happy to recently welcome two new members to our board: John Bonser and Barry Shaver. I look forward to working with these two experienced and talented gentleman as part of our team.

We are all ready for the summer break and will be rested and ready to get back to our chosen activities early in September. Be active and stay safe until we come together again in the fall. **Cheryl Nix President**

Winding Down

Many **classes** have already finished. All will be finished by **May 31st**.

Office closes officially on **Wednesday, May 31st**.

Please note that closure of the office means no regular phone message or email monitoring by office staff over the months of June, July and August. Likewise, there will be no newsletters for June or July or August.

We will publish a newsletter in September which, along with our website, will give details of **Open House Registration** which has already been scheduled for **Wednesday, September 6th** at the **Brockville Legion** from **9:30 am to 11:30 am**.

Activities Update

Pickleball:

Under the guidance of Sandra and David Reed, we are sending 7 players to the primary elimination rounds of the Ontario Senior Games to be held on May 27-28 in Perth.

Our panel of players consists of: Sue Hunter, Susan Marsden, Debbie McManus, Marg Farmer, George de Jong, Johanna Pietersma and Richard Dixon.

We wish our team well and look forward to hearing the results of their venture into this prestigious event.

Gym Fitness Class (SLIE):

We are happy to welcome **Lauren Hunter-Smith**, as an instructor of this popular class. Lauren has been mentored by Lucie Stein. Lauren will teach a second class in addition to Lucie's, beginning in the fall.

Lauren will be replacing Muriel Laderoute. We thank Muriel for her dedicated leadership over the past number of years and wish her well in all her future endeavours.

Chair Yoga:

Gwen Priestley plans to cut her classes back from two (2) to just one (1) per week in the fall.

Women's Chorus – Director Needed

With the move of Rod McAvoy to Kingston we now need to recruit a replacement. If you are qualified to take on this position or know someone who could, please contact us.

We thank Rod for his initiative in setting up our choral groups and directing them over the past two years and we wish him well in all his future endeavours.

French Language Instructor Needed

Our conversational French classes under John Bonser and Jo Ann Lefort continue. However, we are still in need of an instructor to teach the basics of the language. Again, if you are qualified to take on this position or know someone who could, please contact us.

Table Tennis:

Activities Director Bill Carlyle continues to explore the possibilities of introducing this game in the fall. We will keep you posted.

Annual General Meeting

Our annual General Meeting (AGM) was held in the Heritage Hall at Wall Street on May 10. There was a rather small attendance but the business of the Shepherd's Welcome Centre, along with that of the Shepherd's Centre Foundation, was successfully completed.

A highlight of the meeting was the reading of a thoughtful and illuminating report by President Cheryl Nix. This report, which not only recounted the events and achievements of the past year but also gave an account of the beginnings of our organization, is well worth reading and is posted to our website www.swcbrockville.ca. We encourage all members to access and read this excellent report.

Another feature of the AGM was the election/re-election of a number of directors to the board.

The board now consists of:

Cheryl Nix
Marian Rafferty
Bill Carlyle
Debby Greffe
Ralph Greenhalgh
John Bonser
Barry Shaver
Tony Dunbar

Class Cancellation Policy

A committee, chaired by Tony Dunbar, with members Bill Carlyle, John Bonser and Carron Szabo is diligently reviewing our current policy with its reliance on bad winter weather school bus cancellations. The committee is actively looking at the pros and cons of a more flexible approach and will make its recommendations to the board in time for any changes to be initiated in the winter of 2017.

Name Change Referendum

Most of you will have already heard the detailed results but just in case:

Total votes cast: 178; Yes: 140 No: 38.

A clear member endorsement of the change to **Brockville 50+ Activity Centre**. Thanks to all who took the time to vote on this important issue.

Newsletter Editor: Tony Dunbar