

BROCKVILLE 50+ ACTIVITY CENTRE

Formerly the Shepherd's Welcome Centre

Newsletter September 2017

613-345-2412

www.swcbrockville.ca

President's Message

I'd like to start with, "As summer comes to a close..." but as we all know, it is questionable whether we really had summer! So now, it would seem that the re-opening of our Activity Centre is more dependable than a whole season. We look forward to socializing with those in our chosen activity and diving into the activities that keep us mentally and physically strong.

The Board of Director's met in August and our Activities Director, Bill Carlyle, reported that our volunteer leaders, and instructors, with few exceptions are ready to go. Tony has prepared a quick over-view of the opportunities waiting for you in this newsletter.

Before Registration Day, I encourage you to go to the website to print out and fill in the registration forms. If you come prepared it will reduce the time it takes to sign up on Sept. 6th.

In this newsletter Tony has paid tribute to the work done by Rod McAvoy. We are sad that he is unable to return to that position.

The Women's Chorus was so well received by the participants and the community that we would love to see it start up again if we could find a qualified instructor. Rod had chosen some wonderful music, including some fun show tunes that we purchased. A new volunteer Women's Chorus instructor could use that music and/or take the group in the direction that most appeals to him/her.

Cheryl Nix - President

Open House Information

Date: Wednesday, September 6

Time: 9:30 – 11:30 am

Place: Brockville Legion, Park Street

We are returning again to the Legion for our Open House based on the positive feedback we received last year on our use of this venue.

Registration will follow the same basic process as used in previous semesters.

Participants will:

- fill out registration forms and waivers,
- sign up with the leader of their chosen classes,
- obtain leader's initials on the form,
- pay \$25. (by cash or cheque) for the Fall semester at the payment table.

Registration forms will be available by email or on the Brockville 50+ Activity Centre website for participants to fill out beforehand. However, there is NO Pre-registration neither on-line nor in person. A person may register for a friend at the Open House if that person is unable to be there. Also, anyone can register, subject to class space availability, at the Centre office on Wall Street, as of Thursday, Sept. 7 from 10 a.m. - 12 noon and every Monday through Thursday (same hours) during September.

Course News and Updates

Our Activities' Director Bill Carlyle, with the assistance of Office staff, has been busy pulling together a programme of activities for the upcoming semester. Highlights:

Bridge:

Jim Shaw is not available to provide instruction this semester. However, we still plan to hold facilitated as opposed to instructional Bridge sessions in the Brockville Public Library.

Chair Yoga:

Just one class will be offered this semester by Gwen Priestley at the Thousand Islands Mall on Monday mornings.

Choral Music:

For personal reasons, Rod McAvoy has unfortunately had to resign as director of our choral ensembles. We thank Rod for his dedicated organization and expert direction of a **Choir/Women's Chorus** and a **Community of Song** over the past couple of years.

The excellent and well-received performance of the **Women's Chorus** at our 2016 Christmas dinner was a testament to the leadership and skill Rod brought to the direction of this group.

Thank you Rod and we wish you all the best in your future endeavours.

Computer Classes:

Margaret Lauridsen will provide instruction in computers at an intermediate level.

Euchre:

A number of people have asked that we explore reviving sessions of this popular card game. It was on our programme for many years in the past. We plan to conduct an online poll on our website to gauge the level of interest. Stay tuned.

French:

Conversational, beginners and intermediate, will again be facilitated by Jo Ann Lefort and John Bonser. We have hopes of finally recruiting a volunteer to teach Instructional French classes. We will keep you posted.

Music Notation:

We welcome back Peri Howlett to again lead this class.

Pickle Ball:

Three sessions will again be provided: Monday, Wednesday and Thursday.

Spanish:

Will again be offered with instructor Elizabeth Stratton.

Table Tennis:

Bill Carlyle is happy to announce arrangements have been made to have Table Tennis sessions on Wednesday and Thursday mornings in the room off of the church Lower Kitchen. Details to follow.

Other:

The remainder of our courses, as offered over the last couple of semesters, return, such as: Art Studio, Badminton, Low Impact Exercise, Music Jam Session, Photography, Tai Chi, Tole Painting and others.

The above represents the status of various activities and classes at newsletter publication time. A complete detailed schedule will be made available as soon as it is finalized.

Name Change

As you can see from this newsletter's title banner, we have begun the process of gradually implementing the change from the **Shepherd's Welcome Centre** to the new name **Brockville 50+ Activity Centre** as approved by a large majority of members who voted in last semester's referendum. We have also made the change on our website.

For technical reasons, the website address continues to be www.swcbrockville.ca. Down the road we may change it, but for now please continue to use it.

As is proper, and in keeping with our previous commitment, we continue to acknowledge our proud history by referencing our former name of the Shepherd's Welcome Centre on the newsletter and on the website. We will continue in this manner as we phase in the name change in other areas.

Mind Your Acronyms Please!

As a for your info: among board members and others, the acronym AC (Activity Centre) has begun to be used where we used SWC before, and AC seems to be sticking. So it's not necessarily air-conditioning is the topic when you hear or see AC being used!. As somebody once said, "context is everything."

Board of Directors

We are happy to announce that we now have a full complement of board members. The board-approved appointment of **Mark Bailey** as director over the summer, brought us to our constitution's designated maximum of nine (9).

We welcome the energetic Mark to the board and look forward to working with him as we continue to strive to continuously improve all aspects of our organization.

The board as now constituted:

President – Cheryl Nix
1st VP and Office Manager – Marian Rafferty
2nd VP – Bill Carlyle
Secretary – to be appointed by the board
Treasurer – Ralph Greenhalgh
Director of Activities – Bill Carlyle
Director and Social Convenor – Debby Greffe
Director at Large – John Bonser
Director at Large – Barry Shaver
Director at Large – Mark Bailey
Past-President, Newsletter Editor and
Webmaster – Tony Dunbar

Office

The office will be reopening on Thursday September 7. Business hours will be Monday through Thursday, 10 am to noon.

Our volunteer staff of Marian Rafferty, Laura Papaioannou and Carron Szabo will be happy to assist you.

Reminders & Useful Information

- Office email: swcadmin@myhighspeed.ca
- Office Location: take the elevator to third floor, turn left
- Office hours: 10:00 – 12 noon, Mon. – Thurs.(except during June, July and August).
- Wall St. Church is a scent-free facility.
- Note: website address & phone number have been moved to the Newsletter header.