# Providing Affordable Activities for Seniors (50+)



# Welcome News



Brockville ON, February 2017 613-345-2412

www.swcbrockville.ca

# President's Message

It looks like winter officially arrived in February and with any luck it will end in early March. Not bad for a Canadian winter. The Activities Director, Bill Carlyle and I thank those volunteer leaders/instructors who gave us their feedback regarding our current weather related SWC cancellation policy. The Board will form a committee which will include those affected by any changes; including Board members, leaders/instructors and participants, to look over the information we have gathered. Their job will be to come back with some recommendations for the Board to consider. If there are any changes to the policy, they will not be put into place until next winter.

We are right in the middle of a very successful semester and still a new idea for recreation has come forward. Tony will give you an update on that. For now, just keep on learning and having fun at this wonderful, unique centre designed to keep those 50 and over active and healthy.

**Cheryl Nix - President** 

## Name Review Update

As previously reported, after extensive consultations and in line with the recommendation of the specially convened committee, the board at its December meeting voted in favour of changing the name of our organization. At the board meeting of February 1, the board followed on with the

next step in the process: selection of a new name.

The special committee had proposed a number of potential names, chosen to better reflect the current nature of the SWC. Since its beginning in 1998, the SWC has evolved into an activity centre for seniors 50 years old and over. At their February 1 meeting, the directors considered the names proposed and narrowed the selection down to two (2). Before making a final selection, the board members agreed to individually spend some time considering each option and revisit the topic at the upcoming March 10 board meeting.

The board also recognized, now that the important decision to change the name has been taken after much careful and indeed painstaking deliberation, there is no need now to rush into the selection of the new name. The board is conscious of the fact that this decision will be one that impacts the future identity and image of the organization for years to come.

### Activities Update

#### Table Tennis:

We recently had a request from a small group of 2 or 3 members that we explore adding table tennis as an SWC activity. To get an idea of the level of general interest we conducted an online poll.

To our surprise we learned that there were 28 members interested in playing the game.

While we ourselves were not quite overwhelmed by this response, the table tennis facilities at Wall Street United Church would be!

There is a table for table tennis in a small room on the lower level of the church that we could use. However, the room would only accommodate 6-8 people at a time. This would mean multiple sessions, multiple leaders, etc.

The board will review the situation and explore the possibilities of accommodating this special request. We will keep you apprised of developments.

In the interim, many thanks to those of you who responded to our poll.

#### Pickleball:

Sandra and David Reed invite all Pickleball players and any interested members to a special demonstration on **Monday March 6** from **noon until 4 pm** in the gym at Wall Street.

David Bussiere, a Pickleball Canada Ambassador for Kingston and Area will be conducting the skills and drills demonstration. David is also National marketing Manager for Onix Canada/Sports Topspin and there will be the opportunity to try and if interested purchase some new paddles from Onix

David is also inviting Brockville players to the first major tournament hosted by the newly formed Kingston Pickleball Club. Dates are March 11 and 12, 2017 at the Military Community Sports Centre in Kingston. David advises: "players do not have to be an Olympic athlete. If you have never played in a tournament or maybe just one, you can sign up in the 3.0 category or 3.5 category and have a great time."

For further information and to register Click here.

#### Information Sessions

On February 14 last, William Thomson conducted a very successful Q&A session for SWC participants regarding their use of various computer technologies.

There were 16 participants in attendance and over the course of 2 hours, William, a natural teacher, skillfully and in easy to comprehend, non-techie language covered a wide range of topics.

Topics ranged from how to use Whatsapp through emailing from a Smartphone, setting privacy settings on Facebook, to recommended general security measures to be taken by all. (Never phone Microsoft was high on the list!)

Many thanks to William and we hope he can make it back again soon to further enhance our knowledge and skills in the ever-changing world of computer and related technologies.

#### **Board News**

- The board is in the process of speaking with some potential candidates to fill the current board of director vacancies.
- Next board meeting is scheduled for Friday March 10 at 10 am at Wall Street United.

#### Reminders & Useful Information

- > Email: swcadmin@myhighspeed.ca
- ➤ Phone number and website address may be found in the newsletter banner above
- Office location: Take the elevator to the third floor, turn left
- ➤ Office hours 10:00 12 noon, Mon. Thurs. (except during June, July and August).
- SWC leases space from Wall St. Church and is a separate organization. Please take all questions and concerns to the SWC office.

**Newsletter Editor: Tony Dunb** 



# Paddle Demo Day @ The Shepards



Welcome Centre, Brockville!

+ Skills & Drills!



For more info email: thirdshotdrop@yahoo.com

Monday March 6th, 2017 - 12pm-4pm

- Be the first players in Canada to try the all NEW Summit, Voyager, Phantom V2 & Zen V2 Onix paddles! \*Limited quantity may be available for sale at event.
- Try Before You Buy Event!
  - No tax!







- Onix Pure 2 Indoor &Outdoor Balls Available!
- Credit Cards Or Cash Accepted.