

Formerly the Shepherd's Welcome Centre

Newsletter March/April 2019

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www.fiftyplusbrockville.ca

President's Message

"April showers bring May flowers!" That's what I remember both my Mother and Grandmother telling me as I was growing up. As I write this, on April 9th, it's snowing quite heavily out there. Generally, we don't have weather cancellations in April, but I guess, the times they are a changing.

We are well into our 2nd semester and what a great semester it has been. Record membership, with many classes at capacity. As I have gone from Mosaic Art, to Drawing or Pickleball or Table Tennis, I have had the pleasure of seeing a cross section of people at all of these activities. As enjoyable as the activity is, it's such a bonus to socialize with everyone every week. I love seeing the friendships that have grown through connections with the Brockville 50+ Activity Centre!

In addition to being the last month of activity before we all get busy with summer. May is the month of our AGM (Annual General Meeting.) This special meeting is open to all members, or anyone else who would like to attend. We hope that some of you will decide to join us at the Wall Street United Church, in the Heritage Room, on May 15th, at 1:00pm. Refreshments will be available and it's a great opportunity to meet the board and learn more about this great organization to which we all belong.

As April 7th to 13th is National Volunteer Week in Canada, I would like to recognize all volunteers of the Brockville 50+ Activity Centre. This includes: all Leaders and Facilitators including members and participants who fill in for them; the Office Staff and the Board of Directors. Your hard work and dedication is very much appreciated! There would be no 50+ Activity Centre without you! Thank you all. Looking forward to seeing many of you throughout the remainder of this semester.

Sue Hunter

President

Annual General Meeting

As the President pointed out, the AGM is scheduled for May 15th at 1 pm. We are aware that our members, in common with the membership of most of the volunteer based organizations, are reluctant to attend the annual meeting of their particular organization. The AGM does however provide you with an opportunity to interact with Board members and provide your views on the direction of the organization. Even if you feel that we are heading in the right direction, this in itself is valuable input for use in decision making as we grow.

So this year why not break with tradition and set aside a couple of hours to attend the meeting and meet your fellow members.

Reminder

Due to Easter activities at the church, there will be **no classes on Friday April 19th or Monday April 22nd.**

Registration

Location: Brockville Memorial Centre

Date: September 4th 2019

Time: 9.30am – 11.30 am

Note: Location will be confirmed in the next newsletter upon completion of our rental agreement with the City of Brockville.

Wall Street United Church

Throughout our year from Early September to the end of May, staff of the church provide assistance to our members in a variety of helpful ways. In particular we owe a huge debt of gratitude to **Cathie** and **Trevor** who provide services to our members which help to make our life easy and which far exceed our rightful expectations.

Therefore, as our year draws to a close, we wish to extend a huge thank you to WSUC staff.

Culture Days

We will again be represented at the annual Culture Days celebration which this year will be held on September 28th.

Open House

The Mosaic Art class will hold an Open House on May 6th at Wedgewood from 10am to 11.30 am. This is open to 50+ AC members and Wedgewood residents. Members are encouraged to attend and view the quality work produced by their colleagues.

Your Ideas Needed

Over a period of years a number of t-shirts have been produced at the request of members who wished to wear them at 50+ activities and acknowledge their affiliation.

All of the previous t-shirts which were sold as a fund-raising venture, were created under our former name and bore the graphics of the Shepherds Welcome Centre.

Bob & Orma McDougall recently suggested that it would be a good idea to have a new t-shirt bearing our new name and new graphics. We couldn't agree more!

Therefore, if you have a design idea for a t-shirt logo, please feel free to send a photo of your design to fiftyplus@myhighspeed.ca

Course News and Updates

Table Tennis has seen a resurgence in interest this semester and this has necessitated a move to a location offering more space. We were fortunate to acquire space in the gym at the Salvation Army Headquarters on First Avenue which meets all our needs. Along with expanded space, we also needed new tables and we acquired two tables from St. Lawrence Pools who gave us a significant discount on quality tables.

Tole painting has also relocated to the Salvation Army Headquarters Building and participants in this class are also pleased with the location.

Ginette Desrochers, a very experienced French Teacher, will offer an instructional French Course next semester and more details will be provided when course approach and level has been finalized.

Starting in January 2020 a new leader Lorraine Buck will facilitate a Writing Group. Details will be available soon.

It is intended that Chair Yoga will again be offered at the Memorial Centre. This will be confirmed upon conclusion of the rental agreement with the City of Brockville.

The Tai Chi Boost program which has been offered this semester will continue in the fall semester.

On March 7th Eithne Dunbar, President of the Irish Cultural Society led 10 participants in a workshop to teach the basic steps of Irish Dance and have them participate in a few dances. We wish to thank Eithne for sharing her knowledge and experience.

Office News

The office at Wall St United Church will close effective May 31st, and will reopen early in September.

Editorial Note

Once again a reminder that as the Newsletter is only produced on a monthly basis during the semesters, it is not always possible to be up to date on all the happenings at the 50+Activity Centre. This is particularly true during the summer months when no Newsletter is published until just before Registration. Therefore, we encourage you to go to our

website (www.fiftyplusbrockville.ca) from time to time as it is updated more frequently.

The Board at 50+ Activity Centre wishes you all a Very Happy Easter.